

## Agreement To Carry Epinephrine

Epinephrine and Benadryl must be available with allergen administration, even if you have been on therapy for multiple years. Epinephrine is the first line medication given for anaphylaxis. If life threatening symptoms are going to occur, there is a 97% incidence that they will occur within 20 minutes after the allergen is administered but could occur up to 6 hours later.

- The most distinctive symptoms of anaphylaxis include:
- Swelling of the throat, lips, tongue, or around the eyes
- Difficulty breathing or swallowing
- Hives

Other common symptoms of anaphylaxis may include:

- Metallic taste or itching of the mouth
- Generalized flushing, itching, or redness of the skin
- Abdominal cramps, nausea, vomiting, or diarrhea
- Increased heart rate
- Sudden decrease in blood pressure (and accompanying paleness)
- Sudden feeling of weakness and/or collapse
- Anxiety or an overwhelming sense of doom
- Loss of consciousness

If the above symptoms occur in a mild non-life threatening form, take 1-2 Benadryl. Do not drive after taking Benadryl. Please notify our office if any symptoms occur.

If life threatening symptoms occur outside of our office, follow these steps:

1. Use Epi-Pen
2. Call 911
3. Take 2 Benadryl
4. If symptoms return and emergency personnel have not responded the 2nd dose of epinephrine may be administered.

I understand and agree to carry an Epinephrine for as long as I am on immunotherapy. I understand that discontinuing the drops or taking the drops irregularly may result in worsening of my allergy symptoms and/or trigger one or more of the above-mentioned reactions when resuming therapy.

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Printed name of patient

\_\_\_\_\_  
Patient signature (or legal guardian)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness signature